

DYNAMIX SUMMERCAMP 2026

BRAZILIAN JIU-JITSU ADULT, YOUTH & KIDS CAMP

Welcome to the 28:th summercamp in a row!

Please note that changes can be made to the schedule.

Thursday				Friday				Saturday				Sunday	
MATTA 1	MATTA 2	MATTA 3	MATTA 4	MATTA 1	MATTA 2	MATTA 3	MATTA 4	MATTA 1	MATTA 2	MATTA 3	MATTA 4	MATTA 1	MATTA 2
Nacka Dojo		Skuruhallen		Nacka Dojo		Skuruhallen		Nacka Dojo		Skuruhallen		Nacka Dojo	
				08.00-08.45 YOGA Diana				08.00-08.45 YOGA Diana				08.00-08.45 YOGA Diana	
08.45 Camp Opening Meeting at Mat 1													
09.00-10.30 Jiu-Jitsu Gi Teta	09.00-10.30 Jiu-Jitsu NoGi Josefine	09.00-10.15 Youth Camp Gi 12-14 years Jibban	09.00-10.15 Kids Camp Gi 6-11 years Lina	09.00-10.30 Jiu-Jitsu Gi Max	09.00-10.30 Jiu-Jitsu NoGi Teta	09.00-10.15 Youth Camp Gi 12-14 years Lina	09.00-10.00 Kids Camp Gi 6-11 years Jibban	09.00-10.30 Jiu-Jitsu Gi Kjetil	09.00-10.30 Jiu-Jitsu NoGi Josefine	09.00-10.15 Youth Camp Gi 12-14 years Teta	09.00-10.00 Kids Camp Gi 6-11 years Lina + Jibban	09.00-10.30 Jiu-Jitsu Gi Josefine	09.00-10.30 Jiu-Jitsu NoGi Kjetil
11.00-12.00 Jiu-Jitsu Gi + NoGi Teta / Sparring		11.00-12.15 Youth Camp Gi 12-14 years Jesper	11.00-12.00 Kids Camp NoGi 6-11 years Josefine	11.00-12.00 Jiu-Jitsu Gi + NoGi Teta / Sparring		11.00-12.15 Youth Camp NoGi 12-14 years Kjetil	11.00-12.00 Kids Camp Gi 6-11 years Josefine	11.00-13.00 Jiu-Jitsu Gi + NoGi Graduation Teta		11.00-12.15 Youth Camp Gi 12-14 years Josefine	11.00-12.00 Kids Camp NoGi 6-11 years Kjetil		
LUNCHBREAK	LUNCHBREAK	LUNCHBREAK & ACTIVITIES	LUNCHBREAK & ACTIVITIES	LUNCHBREAK	LUNCHBREAK	LUNCHBREAK & ACTIVITIES	LUNCHBREAK & ACTIVITIES	LUNCHBREAK	LUNCHBREAK	LUNCHBREAK & ACTIVITIES	LUNCHBREAK & ACTIVITIES		
15.00-16.30 Jiu-Jitsu Gi Kjetil	15.00-16.30 Jiu-Jitsu NoGi Josefine	15.00-16.15 Youth Camp NoGi 12-14 years Teta	15.00-16.00 Kids Camp Gi 6-11 years Jibban	15.00-16.30 Jiu-Jitsu Gi Max	15.00-16.30 Jiu-Jitsu NoGi Kjetil	15.00-16.15 Youth Camp Gi 12-14 years Jesper	15.00-16.00 Kids Camp Gi 6-11 years Teta	15.00-16.30 Jiu-Jitsu Gi Teta	15.00-16.30 Jiu-Jitsu NoGi Josefine	15.00-16.15 Youth Camp Gi 12-14 years Kjetil	15.00-16.00 Kids Camp Gi 6-11 years Lina + Jibban		
17.00-18.00 Jiu-Jitsu Gi + NoGi Kjetil / Sparring				17.00-18.00 Jiu-Jitsu Gi + NoGi Josefine / Sparring		16.30-17.30 DYNAMIX SPARRING Youth & Kids Camp		17.00-18.00 Jiu-Jitsu Gi + NoGi Teta / Sparring		17.15-19.30 Sport JJ Graduation Mat 3+4			

The doors opens at 08.00 on Thursday and 07.45 on Friday, Saturday and Sunday

There are dressing rooms and showers at both Nacka Dojo and Skuruhallen. Laundry service available at a limited amount. Please don't wait til the last days to wash your Gi/Rashguards. We have a café that offers drinks, coffe, snacks and Acai. We only accept payment by card. This year we will also have a foodtruck just outside the dojo.

